



**Report on Country Level Trainings on Assessing  
Newborn Growth by Anthropometry and Preterm  
Infant Feeding and Growth Monitoring Held in Two  
Sites, September 2018, Nigeria**

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**GFMER/OMPHI/MHTF/TGHN ONLINE MODULES**

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Training Targeted healthcare workers practicing maternal and child health.

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Abuja, Nigeria

## INTRODUCTION

Geneva Foundation for Medical Education and Research (GFMER), Switzerland was established in 2002 and in line with its solitary objective seeks to provide opportunities for training and research to developing countries and those undergoing Economic transition. The online training courses available by the foundation include its longstanding popular sexual/reproductive health research course and multiple short certificate courses which commenced in 2018. Though the short certificates courses aim to reduce the time spent by busy health workers on postgraduate studies and also reduce cost. The number of trainees in comparison to the population of the targeted countries remains inadequate. Therefore, in partnership with participating academic institutions, GFMER commenced a series of country level trainings on specific modules.

- [Assessing Newborn Growth by Anthropometry](#)
- [Preterm Infant Feeding and Growth Monitoring](#)

This will increase the number of HCWs who have access to the training materials and improve skill in maternal and perinatal healthcare.

In Nigeria the participation in GFMER online courses has shown a steady increase, peaking at over 90 participants in the SRHR course in 2017. The interest generated by subsequent annual scientific sessions highlighted a need to provide more training opportunities for a larger group of people. This resulted in a consensus between the country level faculty and partner institutions to hold two (2) free country level trainings on maternal and perinatal health in September 2018. The targeted participants were medical Doctors and Nurses who provide clinical care in the maternal and child health within health facilities. Due to an existing memorandum of understanding with the Nigeria Medical Association (NMA), all GFMER Trainings involve awards of continuous Medical Education (CME) credits to participants. The recently reactivated women branch of the NMA; Medical Women's Association of Nigeria (MWAN) were engaged as facilitating partners for the trainings. Both trainings involved short lectures, free internet access to access the online modules, tea break and Lunch.

## TRAINING ON GFMER/OMPHI MODULES, SATURDAY 15<sup>TH</sup> SEPTEMBER 2018, SILVERSAND HOTEL KADUNA STATE, NIGERIA

The training commenced at 9:00am with an opening Prayer, followed by a presentation on Growth Monitoring presented by Dr. Isa Abdulkadir from the Department of Pediatrics, Ahmadu Bello University (ABUTH), Shika, Zaria. He highlighted the importance of growth indices in children as a measure of health status and means of tracking changes in developmental trajectories. The Country Coordinator of GFMER for Nigeria; Dr Aisha Abubakar- Sadiq presented an overview of GFMER and available postgraduate training courses. Participants were introduced to the online modules to be taken during the training and the need to score a minimum of 80% in the post-modular assessment tests for each of the modules. The first module taken was on newborn anthropometry and lasted for 2 hours, due to recurrent interruptions of service from the Internet Provider. The second module on preterm infant feeding and growth monitoring lasted from 11:30 am after the tea break till 3 pm. Participants who successfully completed the training modules and scored the minimum requirement in the assessment test were presented with hardcopies of signed certificates of completion by the country coordinator GFMER, Switzerland and representatives of the Medical Women’s Association of Nigeria (MWAN). The training was concluded at 4:00pm and participants who were unable to finish their 2<sup>nd</sup> modules, downloaded PDF versions and were asked to take the post modular assessment within a week. All those who email their certificates and scores would receive signed hardcopies of certificates by courier.

Health facilities/NGOs	Professions		Sex	
-Barau Dikko Teaching Hospital -44 Nigeria Armed Forces Reference Hospital -Ahmadu Bello University Teaching Hospital (ABUTH) -St. Gerard’s Catholic Hospital -Air Force Hospital -Yusuf Dantsoho Memorial Hospital -Kawo General Hospital -City Himma Hospital -Awarke Hospital -Maraba Clinic and Maternity -Gwamna Awan General Hospital -Jowako Hospital -Giwa Hospital -Laduga Medical Center	Doctors 28	Nurses 12	Males 18	Female 22
<b>TOTAL</b>	<b>40</b>		<b>40</b>	

## KADUNA TRAINING PICTURES



Group Picture with some Participants at OMPHI Country Level Training, 15<sup>TH</sup> September 2018, Kaduna State, Nigeria



Putting a Participant Through the Online site at Kaduna Training, 17th September 2018



Guest Lecture Dr Abdulkadir Isa (ABUTH) presenting on Growth Monitoring, 15th September 2018



Cross section of Participants at the OMPHI site training in Kaduna State, Nigeria



GFMER Country coordinator for Nigeria with Officials of the Medical Women's Association of Nigeria, Kaduna State Branch, 15th September 2018

## TRAINING ON GFMER/OMPHI MODULES, THURSDAY 27<sup>TH</sup> SEPTEMBER 2018, BAYELSA STATE GUEST HOUSE, MAITAMA, ABUJA FCT, NIGERIA

The training commenced at 9:45am with an opening Prayer, followed by introduction of participants including a brief summary of their job responsibilities. An overview of GFMER and its available training and research opportunities was made by the country coordinator for Nigeria; Dr Aisha Abubakar- Sadiq. The available Information technology (IT) officers from Smile Nigeria were available to assist participants with access to free Wi-Fi and course site. Participants were introduced to the online modules to be taken during the training and the need to score a minimum of 80% in the post-modular assessment tests for each of the modules. The first module taken was on newborn anthropometry and lasted for 2 hours, due to recurrent interruptions of service from the Internet Provider.

The second module on preterm infant feeding and growth monitoring lasted from 12:00 am after the tea break till 3 pm. Participants who successfully completed the training modules and scored the minimum requirement in the assessment test were presented with hardcopies of signed certificates of completion by the country coordinator GFMER, Switzerland and representatives of the Medical Women's Association of Nigeria (MWAN). The training was concluded at 4:00pm and participants who were unable to finish their 2<sup>nd</sup> modules, downloaded PDF versions and were asked to take the post modular assessment within a week. All those who email their certificates and scores would receive signed hardcopies of certificates by courier.

Health facilities/NGOs	Professions		Sex	
-National Hospital Abuja	Doctors 23	Nurses 19	Males 12	Female 30
-University of Gwagwalada Teaching Hospital				
-General Hospital Wuse				
-Garki General Hospital				
-Gwarinpa General Hospital				
-Asokoro General Hospital				
-Zankli Clinics				
-Diff Armed Forces Hospital				
-Garki General Hospital				
-Medical Women's Association of Nigeria				
-Kubwa General Hospital				
-Nigeria Field Epidemiology and Laboratory Training Programme				
-Federal Ministry of health (FMoH)				
-Asokoro General Hospital				
-Maitama District Hospital				
<b>TOTAL</b>	<b>42</b>	<b>42</b>		



## ABUJA TRAINING PICTURES



Group Picture with Participants at GFMER/Oxford Training on maternal and perinatal health modules, Thursday 17<sup>th</sup> September 2018



Cross section of Participants at the OMPHI/GFMER Country Level Training in Abuja, Nigeria



CC GFMER Nigeria Presenting an Overview of GFMER and available courses