

"Family Planning": An Online Evidence-based Course 2022

**(Geneva Foundation For Medical Education & Research
in partnership with WHO)**

Dr Rita Kabra

Department of Sexual and Reproductive Health and Research

World Health Organisation, Geneva, Switzerland

Training Course

“Family Planning”: An Online Evidence-based Course

**To promote the provision of evidence-based
informed reproductive choices and access to
family planning services**

**(conducted by the Geneva Foundation for Medical Education and Research in
partnership with the Department of Sexual and Reproductive Health &
Research, World Health Organization (WHO))**

Course coordinator

Dr Rita Kabra

Rita works in the Contraception and fertility care (CFC) unit in the Department of Sexual and Reproductive Health and Research, WHO (includes the UNDP/UNFPA/UNICEF/WHO/World Bank Special Programme of Research, Development and Research Training in Human Reproduction – HRP)

Rita Kabra
kabrar@who.int



Course objectives

1. **To comprehend the fundamentals of evidence-based information and knowledge about family planning methods**
2. **To deliver appropriate information and knowledge about available and accessible family planning methods to couples and individuals to enable them to decide the number, spacing, and timing of children, while attaining and maintaining the highest standard of sexual and reproductive health (SRH)**
3. **To create a network for the continuing exchange of knowledge and experience among health care providers/ managers in and amongst countries and regions.**
4. **To ensure the delivery of cost effective and pragmatic approaches to optimize the dissemination of evidence-based practices among health care providers and managers in different countries**

Module topics & dates

08 June to 05 July

1. **Family Planning Frameworks and Indicators, Reproductive Rights, and Gender: 8th June 2022**
2. **Contraceptive Methods: 15th June 2022**
3. **Family Planning Guidelines and Tools: 22nd June 2022**
4. **Principles of Integration of Family Planning and Counselling, Postpartum FP, Financing, Effects of Covid-19 on FP, Telemedicine: 29th June 2022**

What each course module will contain

Each module contains:

1. **A set of slides with accompanying talking points**
2. **Reference documents**
3. **Other audio-visual materials**
4. **Webinars (optional)**
5. **An assignment (individual or group) or multiple-choice questions (MCQs) which will be marked by your coach**

Teaching languages

English:

<https://www.gfmer.ch/SRH-Course-2022/family-planning/index.htm>

The screenshot shows the English version of the GFMER website. At the top, a red banner contains the text "Courses on Sexual and Reproductive Health and Research 2022" and "Geneva Foundation for Medical Education and Research". Below this is a blue navigation bar with links for "Home", "Adolescent health WHO EMR", "Family planning", and "GFMER". The main content area is white and features the text "Cours de planification familiale 2022", "Training course in family planning 2022", and "“Family Planning”: An Online Evidence-based Course". It also lists the course coordinator as Rita Kabra and the department as the Department of Sexual and Reproductive Health & Research, World Health Organization (Geneva).

French:

<https://www.gfmer.ch/ssr-cours-2022/planification-familiale/index.htm>

The screenshot shows the French version of the GFMER website. At the top, a red banner contains the text "Cours en santé sexuelle et reproductive et recherche 2022" and "Fondation genevoise pour la formation et la recherche médicales". Below this is a blue navigation bar with links for "Planification familiale" and "GFMER". The main content area is white and features the text "Training course in family planning 2022", "Cours de planification familiale 2022", and "Cours en ligne fondé sur des données probantes". It also lists the course coordinator as Rita Kabra and the department as the Département de la santé sexuelle et reproductive et de la recherche, Organisation Mondiale de la Santé (Genève).

Teaching-learning methods

What the course organizers will do to support the participants:

- **A GFMER mentor will be assigned to you at the start of the course, to serve as your tutor and as a guide.**
- **Your mentor will ‘mark’ your paperwork assignment & provide you with feedback promptly.**
- **You can reach out to your mentor by email whenever required or if needed by phone.**
- **You can always contact the GFMER secretariat with questions or concerns**
- **Webinars- where you can ask questions from course resource persons.**

Teaching-learning methods

What is required of you (the course participants):

To connect with your mentor at the start of the course & to reach out to them when needed.

To complete & submit the end of course evaluation.

For each module:

- Study the video presentations and / or slide sets.
- Read all accompanying documents.
- Answer the MCQs and complete the short individual assignments.
- Contribute to group discussions and assignments.
- Participate in the Webinars.
- Participate in the end-of-course ZOOM meeting with the organizers and resource persons.

Each module will take about 6 hours of work/week

Certificate & awards

- **All participants who submit the MCQs and the assignments that are part of each module by the required date will receive a certificate of completion.**
- **The top ten participants will receive an additional certificate of commendation.**

Organizing team:

Names, designations & contact details

- **Raqibat Idris, GFMER Course Manager**
raqibat.idris@gfmer.org
- **Fionna Poon, GFMER Course Administrator**
fionna.poon@gfmer.org
- **James Kiarie, Contraception and fertility care (CFC)**
Department of Sexual and Reproductive Health and Research, WHO
kiariej@who.int
- **Rita Kabra, Contraception and fertility care (CFC)**
Department of Sexual and Reproductive Health and Research, WHO
kabrar@who.int

Welcome to the course

**“Family Planning”: An Online
Evidence-based Course 2022
(in partnership with WHO)**