

# ACCELERATING QUALITY FAMILY PLANNING SERVICES

WHO-FP ACCELERATOR PROJECT NEWSLETTER

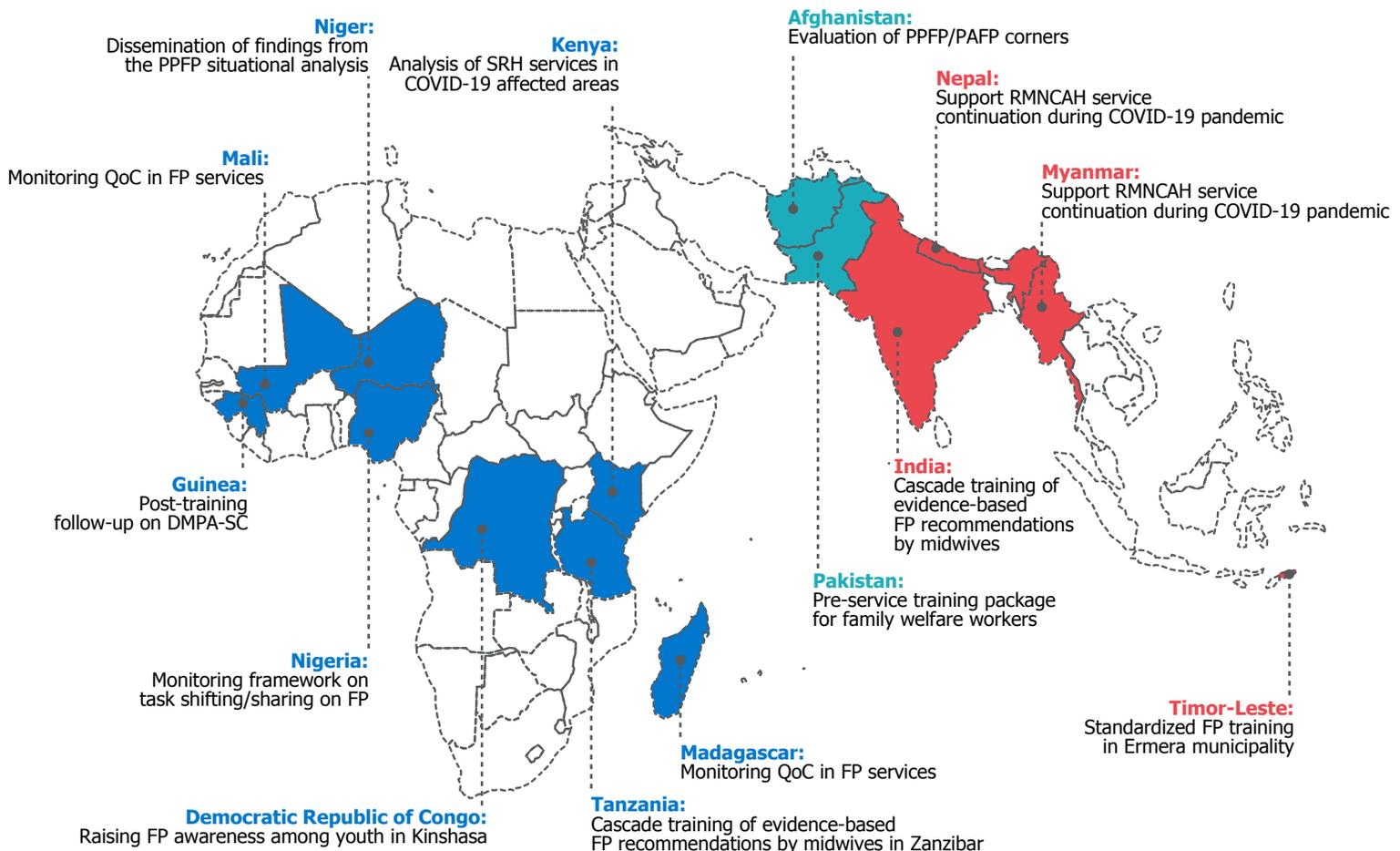
Issue 7 - August 2021

## WHO FAMILY PLANNING ACCELERATOR PROJECT

### Promoting quality and rights based family planning services

The WHO FP Accelerator project supports partners and ministries of health (MoH) to accelerate quality and rights-based family planning (FP) services within the broader frameworks of the Sustainable Development Goals (SDGs), Universal Health Coverage (UHC) and the WHO 13th Global Programme of Work (GPW13). The project contributes specifically to attainment of SDG targets 3.1, 3.7 and 5.6, and to the GPW13 goal of 1 billion more people covered by UHC. The WHO-FP Accelerator Project is coordinated by the Contraception and Fertility Care (CFC) Unit in the WHO Department of Sexual and Reproductive Health and Research (WHO/SRH) and implemented with WHO's Regional and Country offices. The project is being implemented in 14 countries.

### FP Accelerator project: Current activity and progress



# COUNTRY NEWS

## Africa Region



### Democratic Republic of Congo

#### FP Awareness campaign for youth and adolescents in Kinshasa

WHO led an awareness campaign for adolescents and youth on family planning and COVID-19 in five health zones of Kinshasa from 24 May to 5 June 2021. 50 youth peer educators and 10 supervisors were deployed in the health zones in schools, markets, videogame arcades, and at home to raise awareness. Through this campaign, 39,131 adolescents and young people were reached and sensitized (26,419 in school and 12,712 out of school).



Raising awareness on FP and COVID-19 among youth



*"We are happy to get good information, especially the importance of abstaining from sex. We didn't know"* A Young Student



*"If children listen and practice the advice well, given to them by their peers, they will have a happy life, but if they do not listen, their life will be unhappy."* A Mother



*"There are a lot of things we didn't know about sexual health issues, but thanks to this sensitization, we now know the consequences of all these problems and how to protect ourselves from getting these problems to preserve our health. We are all happy"* A Girl

### National multi sectoral Family planning Strategic plan

The Ministry of Health with support from WHO and partners organized a multi-stakeholder workshop from 1 to 6 July 2021 to identify priority areas, objectives, strategies and key activities for the national multi sectoral family planning 2021-2025 strategic plan - FP service coverage, logistic supply chain of contraceptives, quality of FP services, communication to improve demand, political and financial engagement for FP, monitoring and evaluation of FP programme and services.

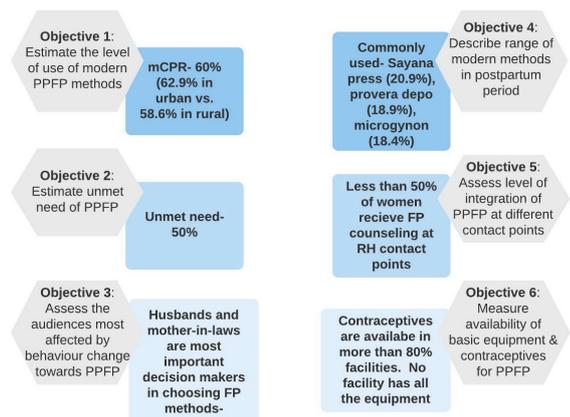


Workshop on multi sectoral FP strategic plan, July, 2021

### Niger

#### Situational analysis of postpartum family planning practice

The Ministry of Public Health, population and social affairs in partnership with University Research Company (URC) and WHO conducted a situational analysis on PPFp services in Niger. Mixed methods were used for data collection from two health districts per region for 8 regions. The 3 most commonly used modern PPFp methods are sayana press (20.9%), followed by provera depo (18.9%) microgynon (18.4%). Findings from this study will guide interventions for scaling-up of PPFp in Niger. A dissemination and validation meeting is planned in September.



Key findings from PPFp situational analysis in Niger

## Tanzania

### Cascade training of evidence-based FP recommendations by midwives in Zanzibar

Trained midwives presented the FP updates to the academic committee of School of Health and Medical sciences (SHMS) of SUZA (State University of Zanzibar). They are continuously training MD and nurse/midwifery students on these updates, to be applied to their service delivery points.



Trained midwives presenting updates to academic committee of SHMS, 2021

# Eastern Mediterranean Region



## Pakistan

### Dissemination of the revised curricula for Lady Health Visitors (LHVs) and Family Welfare Workers (FWWs)

The revised curriculum for the LHVs and FWWs was disseminated at an event organized on 27 July 2021. It was attended by 51 participants that included key stakeholders from provincial governments, Director general nursing from all four provinces and representatives from CIP Sindh, BMGF, Pakistan nursing council, Pathfinder International, Regional Training Institute (RTI), WHO CO and technical consultants. WHO and Pathfinder will continue to support MoH for finalization of the textbook and in training of trainers.



Dissemination seminar of upgraded curricula, July 2021



TAG review meeting, July 2021

### Technical advisory group meet to review RTI service training package

A 2-day workshop was held on 28-29 July 2021 to review the draft textbook for pre-service training of the FWWs and attended by 26 participants. The participants were divided into 8 groups and different sections of the textbook were reviewed by each group. It was agreed to develop a common textbook to be used for teachers and students.

# South-East Asia Region



## Timor-Leste

### Standardized Family planning training in Ermera municipality

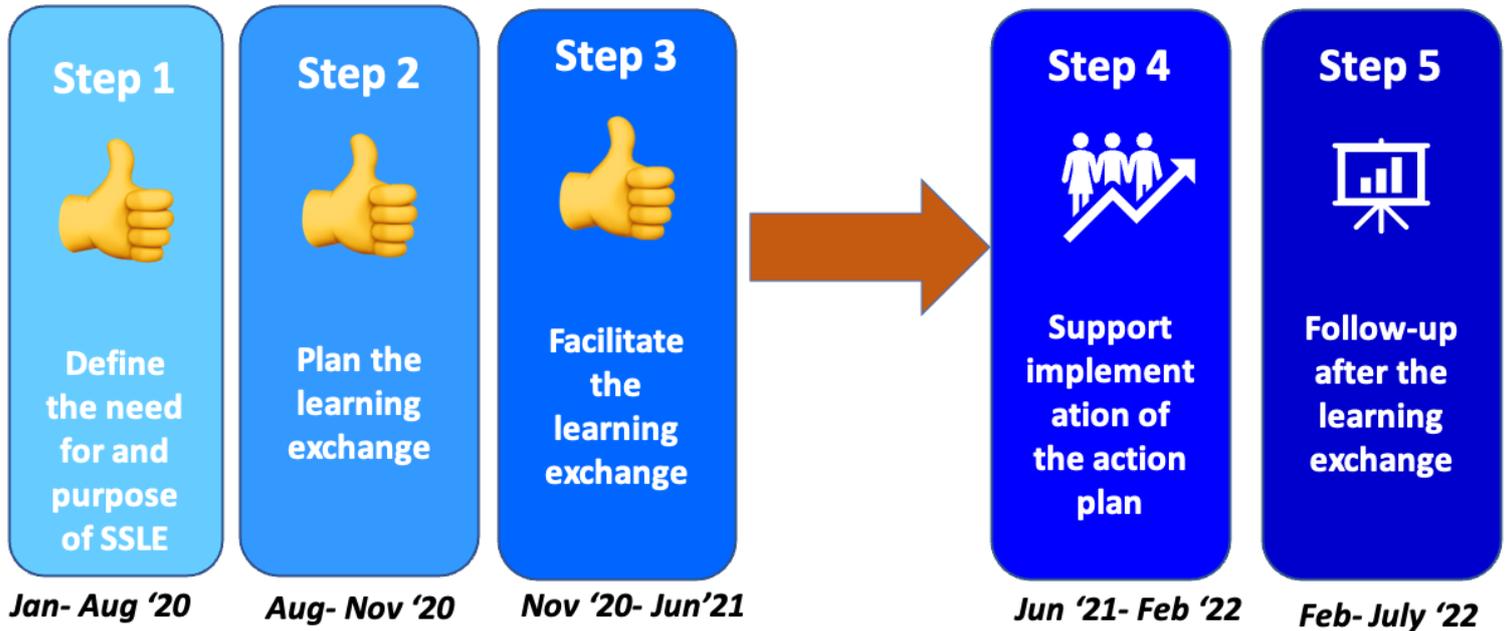
Following the training conducted in Baucau, the National Institute of Health in collaboration with WHO and UNFPA conducted a 10-day training workshop (6-16 July 2021) on family planning in Ermera municipality using the standardized training package developed by WHO and partners. Fifteen participants, comprising of medical doctors and midwives from identified health facilities were trained through lectures and practical sessions. The follow up after training (FUAT) will be conducted after 3 months to monitor and evaluate the service implementation.





## South-South Learning Exchange (SSLE)

SSLE continues between Nigeria - Uganda, Nepal - Sri Lanka and Cote d'Ivoire - Guinea. Three more countries (Niger, Pakistan, Tanzania) are preparing to embark on the SSLE.



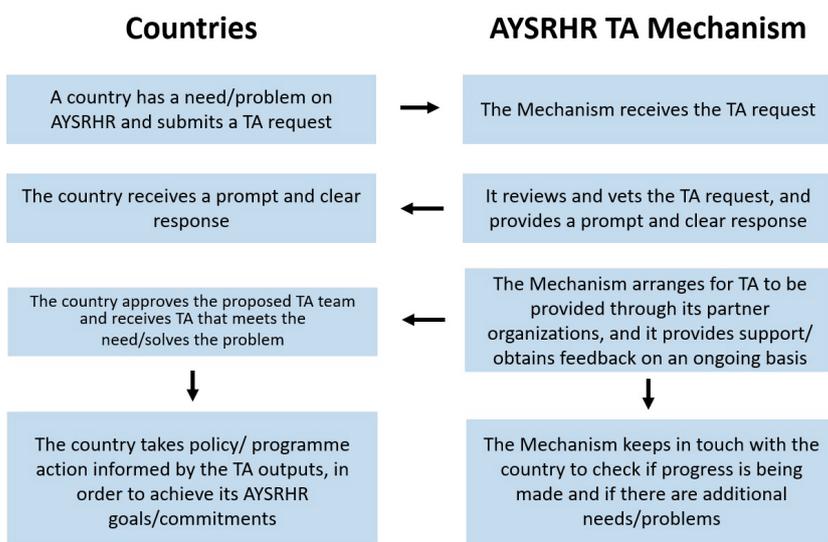
SSLE - Current activity and progress

## Adolescent Sexual & Reproductive Health & Rights Technical Assistance (AYSRHR TA) Mechanism

The AYSRHR TA Mechanism was established within the FP Accelerator Project in 2019 to deliver technical assistance (TA) that countries need for advancing their AYSRHR policies and programmes (with a focus on adolescent contraception) in ways that are timely, effective, efficient, and contribute to building national capacity. The AYSRHR TA Mechanism received its first request for TA in December 2019. Since then, it is at varying stages of responding and supporting 10 countries (Afghanistan, Cameroon, Colombia, Kenya, Liberia, Malawi, Mali, Nigeria, Senegal, Sierra Leone, and Togo).

A virtual review meeting was organized to review the AYSRHR TA mechanism on 9-10 June 2021 with over 40 participants from WHO, Ministries of Health, and partner organizations. Lessons learned were synthesized to strengthen the TA Mechanism and its Standard Operating Procedures (SOP).

### How does it work?



AYSRHR TA mechanism meeting

# Updates From Regional Offices and HQ

## Evidence-based course on family planning

WHO and Geneva Foundation for Medical Education and Research (GFMER) conducted an online evidence-based course on family planning from 14 June to 11 July 2021 to promote the provision of evidence-based informed reproductive choices and access to family planning services among health service providers in different countries. The course was a resounding success.

311 participants enrolled for the course and over 93% of them completed the course. Participants were from across the world (South-East Asia (37%), Eastern Mediterranean (34%), Africa (28%) and America (1%)). 43% of the participants were from the 14 countries supported under the Family Planning Accelerator Project. 74% participants were female and in the age group 40-49 years (38%) and 30-39 years (34%). Most of them were doctors (31%) or program managers/ implementors (21%), and mainly Ministry of Health/ government workers (31%) and WHO staffs (15%). The participants were mentored by 29 coaches from 18 countries.

Successful participants were awarded with a certificate of course completion and the top ten participants received an additional certificate of commendation. The course (including webinars, interactive sessions) was conducted via Zoom. The course material can be accessed on <https://www.gfmer.ch/SRH-Course-2021/family-planning/index.htm>

### Participant and coach testimonials from end of course workshop, 13 July 2021

"The course was very well organized and use of coaches is very useful in motivating us to do everything on time and liaising with the GFMER team"  
**Participant from Ethiopia**

"It refreshed my knowledge on all aspects of family planning. It was a comprehensive course and starts from basics of human rights to details of each FP method and on various FP tools. Provided an opportunity to do group work within the country teams and good opportunity to keep country teams together"  
**Participant from Nepal**

"Course is flexible and enables participants who have a busy schedule to still follow up. It is very encouraging."  
**Coach from Kenya**

"Course is very meaningful and insightful"  
**Coach from Nepal**

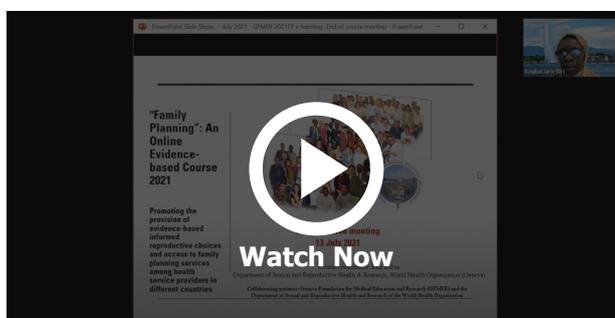
#### Webinar 1



#### Webinar 2



#### End of course webinar



# Meet the Team



**Dr. Olumuyiwa Ojo**  
National Programme Officer for Maternal,  
Sexual and Reproductive Health -  
WHO-Nigeria

I am the focal point for maternal, sexual and reproductive health programs with WHO Nigeria. I am a public health practitioner with over a decade-long experience at various levels of health-care delivery, health system strengthening, RMNCH programs, implementation research, HIV/AIDS, TB and Malaria projects.

In this role, I lead WHO efforts in Nigeria on increasing access to quality FP services including the work on FP Accelerator project. I lead the work on improving availability through task shifting/sharing policy, expanding uptake of PFP, improving quality of care in FP and the South-South learning exchange between Nigeria and Uganda. As part of the WHO-led QED network, I provide technical support to a network of 112 health facilities for improving quality of MNCH services. My other areas of support include PMTCT, Cervical cancer, GBV and other components of SRHR in the WHO Country office.



**Dr. Aissatou Laouali Abdou**  
National Programme Officer for Maternal,  
Child Health and Nutrition - WHO-Niger

I am a medical doctor with a Master's degree in Public Health, specializing in Reproductive health program management. I have more than fifteen years of experience in reproductive health, more particularly in the aspects of program management. I have held several positions of responsibility in the Niger health system. As Head of the Family Planning Division, I brought the community-based distribution (of contraceptives) to the scale in Niger, coordinated the development of the strategic plan for securing Reproductive Health products 2007 – 2012, Niger's Commitment to Women's and Children's Health and its 2010 – 2015 action plan and contributed to the development of the project to access the capacity building fund (CRF) for family planning services. I have been the coordinator of the INSPIRE Project in Niger, which is integrating quality care and services in maternal, newborn and child health and nutrition services. Since November 2020, I have held the position of programme officer for maternal, child health and nutrition at the WHO office-Niger.



**COMING  
SOON**

- FIGO – WHO Regional Francophone training (online) on Evidence based FP guidelines and tools - 9-30<sup>th</sup> September 2021
- FP Accelerator project review and planning meeting - September 2021
- Meeting for dissemination and validation of the findings from situational analysis of PFP in Niger - September 2021

**Share your  
experiences!**



We invite you to post experiences and lessons learned during implementation of FP Acceleration project with us.

## FAMILY PLANNING >>> ACCELERATOR PROJECT

Department of Sexual and Reproductive Health and Research, World Health Organization,  
20 Avenue Appia, 1211 Geneva 27  
[www.who.int/reproductivehealth](http://www.who.int/reproductivehealth)

### DISCLAIMER

The content of this publication does not necessarily represent the views, decisions or policies of the World Health Organization. Responsibility for the information and views expressed in the publication lies entirely with the authors.

This newsletter is designed for those involved or interested in the FP-Accelerator project at WHO Headquarters, Regional and country offices. It features current and upcoming activities, accomplishments by the team and useful resources. We welcome submissions of project updates by any team member for inclusion in the next newsletter, scheduled for December 2021.

For more information, kindly contact:  
Dr Rita Kabra, WHO FP-Accelerator project manager,  
[kabrar@who.int](mailto:kabrar@who.int)