

[Training course in adolescent sexual and reproductive health 2021](#)



Course Guide

Raqibat Idris, Fionna Poon

Geneva Foundation for Medical Education and Research

adolescenthealth@gfmer.org

Table of Contents

1. Introduction	3
2. Organizers	3
3. Course period	3
4. Course structure.....	3
5. Teaching language.....	4
6. Study materials	4
7. Presentations.....	4
8. Integrated key readings	4
9. Study support.....	4
10. Assignments.....	4
11. Final evaluation and certification.....	5
12. Participant's ID	5
13. Assignment's code	5
14. The online learning environment.....	5
14.1 List of participants	5
14.2 Online communication.....	5
14.3 Google Groups	6
14.4 Facebook	6
14.5 Skype, WhatsApp, Zoom.....	6
15. Contact	6

1. Introduction

This training course advances your knowledge and skills in the field of adolescent sexual and reproductive health.

It is designed to build knowledge and understanding in the following areas:

- The rationale for the provision of a package of effective health and social interventions to promote adolescent sexual and reproductive health, to prevent health and social problems, and to respond to them if and when they arise, with particular relevance to the Eastern Mediterranean Region.
- World Health Organization’s (WHO) recommendations for the delivery of these interventions.
- Special considerations in delivering these interventions to adolescents including in humanitarian settings and COVID-19 pandemic.

Participants can make direct contact with WHO Department of Sexual and Reproductive Health & Research, Department of Healthier Populations/ Child and Adolescent Health, WHO Regional Office for Eastern Mediterranean and other institutes. This enhances their professional network and offers new opportunities for their career.

2. Organizers

- Geneva Foundation for Medical Education and Research
- World Health Organisation’s Department of Sexual and Reproductive Health & Research
- World Health Organization Regional Office for Eastern Mediterranean (EMRO)

3. Course period

The study time required for the course is 8 weeks. Total 48 study hours.

4. Course structure

Course	Schedule
Adolescent Sexual and reproductive health	8 weeks (25 January – 21 March 2021)

Presentations and study materials will be published in the course website on a weekly basis, every Monday morning. Participants will be informed via email named “GFMER ASRH 2021 – course weekly schedule”. However, participants are advised to visit the course website regularly. All materials are provided in electronic format. You can access the course with this link:

<https://www.gfmer.ch/SRH-Course-2021/adolescent-health/index.htm>

5. Teaching language

The teaching language of the course is English.

6. Study materials

To compensate for live meetings and instructions, the reading and writing requirements in online courses are typically more substantive than in traditional courses. The advantage is that you not only acquire knowledge through course materials, through your personal time management, but also learn how to communicate in an online learning environment. In order to complete the courses, you need self-discipline and time management skills.

7. Presentations

Each module contains two video presentations and two slide sets with accompanying talking points. They are available on the related sites and can be accessed whenever the participant wishes. Presentation files can be downloaded in PDF format.

The presentations and audio-visual materials can also be accessed by smartphone and tablets.

8. Integrated key readings

We have selected reference documents from a wide range of sources. You can find these required readings by following the links in each module. We also provide suggestions for further reading.

9. Study support

The course coordinators have specific research interests and actively collaborate in the management of the courses. They are responsible for the academic quality of the course materials and they are involved in course development, teaching, and assessment. A personal coach is assigned to each participant. The role of personal coach is to facilitate the learning process to the participants and to review and mark her /his assignments. Personal coach is the primary contact of the participant.

10. Assignments

Below are the assignment requirements for the course:

This course is comprised principally of 8 topics (also called modules). A 9th topic is integrated into each of the other modules. For each topic /module, participants should:

- Study the video presentations and slide sets.
- Read all accompanying documents.
- Complete the short assignment, after going through the slide set and documents.
- Review the feedback provided by the coach

We will provide specific guide and instructions for paperwork assignment. Participants are expected to have basic computer skills in word processing programs, for example the Microsoft Word application.

Note:

Timely completion of assignment is taken into consideration for the final evaluation and certification of participants.

11. Final evaluation and certification

In order to validate each course and obtain the certificate, participants are required to:

- Complete the short assignments that are part of each module.
- Complete and submit the end of course survey.

12. Participant's ID

Each participant will be assigned a unique number as a participant's ID. Participants are asked to use this ID in all communications with GFMER.

13. Assignment's code

Each assignment will get a unique number as an assignment's code. When participants submit their assignments, both their participant's and the assignment's code should be used as part of the file name and in the content. An assignment template will be provided during the course.

14. The online learning environment

Below are the information about the learning mode:

14.1 List of participants

A list of names of all participants and their affiliations will be published on the course web page on GFMER website. Clicking the name of each participant will link to his/her personal page.

14.2 Online communication

Online communication not only gives you administrative and technical support, but also offers the opportunity to broaden your education. Course-specific discussion rooms offer you the chance to bring both academic and relevant non-academic issues under the attention of course coordinators, coaches as well as other participants. You will find electronic documentation to download, links to other relevant resources, and information about important events. The diversity within the community of participants and the network facilitated by the program provides a wonderful opportunity to learn from and share experiences with people from different countries.

14.3 Google Groups

Google Groups is a Google product allowing internet users to create online and email groups about a specific subject. Through the group for the course as listed below course coordinators will post their information.

Adolescent sexual and reproductive health
(<https://groups.google.com/d/forum/ah2021>)

You will receive an invitation from the coordinator to join the group. Once you become the group members, you can create new topic for discussion or response to any topics through email or direct access to the group website. Google has clear online instructions on how to access the group. Only participants can view the group content and its member list, upload files, and post topics.

14.4 Facebook

Facebook is a social utility that connects people with friends and others. On <https://www.facebook.com/> you can easily find instructions to sign up and create your personal profile. You can then become friends of GFMER on Facebook (<https://www.facebook.com/gfmer>) and get updated about upcoming events.

14.5 Skype, WhatsApp, Zoom

These applications (computer and phones) allow you to make free calls to people (Internet charges may however apply). The applications can be downloaded for free. Once an account has been created, you can add contacts, chat, call and send files. Skype even allows you to make conference calls and you can hold a meeting on Zoom.

15. Contact

Course email:

Adolescent sexual and reproductive health
(adolescenthealth@gfmer.org)

For any question and instruction please contact:
Dr Raqibat Idris, GFMER Course Coordinator
Email: raqibat.idris@gfmer.org