

Module 5: HIV/AIDS and young people - Adolescent health and development with a particular focus on sexual and reproductive health - Assignment

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## **Young people who should be targeted with HIV Interventions in Afghanistan**

- IV drug users.
- Young men who are travelling outside the Afghanistan for business.
- Health providers how do not observe the measures of patient safety and universal infection prevention measures.
- Sex workers.
- Men working in police or army.
- Prisoners.

### **The factors that make them vulnerable**

#### IV drug users

- One needle is used by multiple people
- Lack of comprehensive health centers to respond to their health and social needs (education, information, treatment)
- They are engaged with other high risk behaviors

#### Young men how are travelling outside the Afghanistan for business

- They are prone to have sex with sex workers.
- Don't have knowledge of protected sex.

#### Health providers

- Do not observe the measures of patient safety and universal infection prevention measures because most of them don't have the knowledge or if they have knowledge they do not have the attitude of observing it.

#### Sex workers

- Don't have the knowledge, skill and attitude of protected sex.
- The health services are not acceptable for them.
- No source of getting information is available for them.

Men working in police or army

- Prone to homosexual acts.
- Prone to sex abuse.
- Lack of knowledge about protected sex.
- No health services available for the in this regard.

Prisoners

- Prone to sex abuse.
- Lack of knowledge.
- Lack of access to health services and information.

## **Most important interventions which would contribute to achieving the UNAIDS goal**

IV drug users

- Establishing comprehensive health centers for Drug users to provide them health and sexual education, Information about HIV/AIDS and preventive measures, behavior change communication (BCC), health services, counseling for life style change and helping them to find job and other services.

Young men who are travelling outside the Afghanistan for business

- Screening program in airport of Kabul should be a mandate for Afghan people who are coming from abroad.
- Information and education tools must be available in airports and transport vehicles.
- Media can play a useful role.

Health providers who do not observe the measures of patient safety and universal infection prevention measures

- Training and capacity building programs for all health providers and especially for those who are prone to get contact with body fluids.
- BCC.
- Monitoring and supervision activities to control observing the protective measures by health providers.

Sex workers

- Health education, awareness using media

Men working in police or army

- Awareness.

- Screening.
- BCC.
- Health education.
- Providing acceptable, effective, and accessible health services.

#### Prisoners

- Awareness.
- Screening.
- BCC.
- Health education.
- Providing acceptable, effective, and accessible health services.

### **Assignment document**

1. [Ferguson J. HIV/AIDS and young people. Paper presented at: Training Course in Sexual and Reproductive Health Research; 2010 Sep 26; Geneva.](#)