

Roshan das Nair

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EDUCATION

- 2003 – 2007 ***Doctor of Philosophy in Psychology***
School of Psychology, University of Nottingham, UK
- 1999 – 2001 ***Master of Philosophy in Clinical Psychology (First Class)***
National Institute of Mental Health and Neurosciences, India
- 1997 – 1999 ***Master of Science in Psychology (First Class; First Rank)***
Jnanabharathi, Bangalore University, India
- 1994 – 1997 ***Bachelor of Arts - Psychology, English, Journalism and Mass Communication (First Class; First Rank)***
Christ College, Bangalore University, India

ADDITIONAL QUALIFICATIONS

- 2008 - ongoing ***Associate Teachers' Programme*** (accredited by the Higher Education Academy), Staff & Educational Development Unit, The University of Nottingham
- 2007 ***Rasch Analysis (Level I)***
Psychometric Laboratory for Health Sciences, University of Leeds
- 2002 ***International English Language Testing System (IELTS)***
Overall Band Score (Academic) 8.5
- 1990 ***Diplôme de Langue Française (Diploma of French Language)***
Alliance Française de Lusaka, Zambia

AWARDS / SCHOLARSHIPS

- 2006 ***Allied Health Professional Research Bursary***
Awarded by The Stroke Association, UK
- 2006 ***Graduate School Travel Prize***
Awarded by the Graduate School, University of Nottingham
- 2004 ***Overseas Research Students Award Scheme Scholarship***
Awarded by Universities UK
- 2003 ***PhD Studentship***
Awarded by the School of Psychology, University of Nottingham
- 2002 ***Gold Medal in Psychology***
Awarded by Bangalore University
for securing the highest marks in the M.Sc. Psychology Examination
- 1998 ***Dr. Venkata Masti Iyengar Gold Medal***
Awarded by Bangalore University
for securing the highest marks in the B.A. Journalism Examination

KNOWLEDGE OF ANALYSES SOFTWARE

SPSS 14, NVivo 7, Rasch Unidimensional Measurement Models (RUMM 2020), Review Manager (RevMan 5), EndNote

RESEARCH EXPERIENCE

- 2007 - ongoing Nottingham University Hospitals NHS Trust
Promoting Self-management and Shared Health-related Decision Making in Young People in Zambia [Funded by the Department of International Development (DfID)]
- 2007 – 2008 Dept of Clinical Psychology & Neuropsychology, NUH NHS Trust
Mapping of Counselling and Psychological Services for HIV and Sexual Health in Nottingham [Funded by Nottingham City PCT - Local Operational Plan]
- 2006 – 2007 Inst. of Work, Health & Organisations, University of Nottingham
Rehabilitation of Memory in Neuro Disabilities (ReMIND): A single blind, randomised controlled trial – Pilot Study [Funded by The Stroke Association, UK; & Remedi]
- 2005 - 2006 Dept of Clinical Psychology & Neuropsychology, NUH NHS Trust
Audit of a Clinical Psychology Service in HIV & Sexual Health
- 2003 – 2006 School of Psychology, University of Nottingham
Memory Rehabilitation following Brain Injuries [Funded by School of Psychology, University of Nottingham, & Universities UK]
- 2001 – 2003 Dept. of Psychology, University of Zambia
Assertiveness Training in School-based HIV/AIDS Programmes [Funded by VSO (Zambia) and National AIDS Council, Zambia]
- The Perception of Care of Zambian Women Attending Community Antenatal Clinics* [DfID collaborative project between the Universities of Nottingham and Zambia]
- Sexual Health of Adolescents in Zambia* [An exploratory study of the “psycho-sexual” needs of school-going adolescents]
- 2001 National Institute of Mental Health and Neurosciences, India
Standardisation of Neuropsychological Tests in India

TEACHING EXPERIENCE

- 2008 – ongoing: Institute of Work, Health & Organisations; University of Nottingham
Research Tutor – Trent Doctorate in Clinical Psychology
- 2006 – 2007: Institute of Work, Health & Organisations; University of Nottingham
Special Lecturer in Clinical Psychology
- 2004 – 2006: School of Community Health Science, University of Nottingham
M.Med.Sci. in Clinical Psychiatry
- 2003 – ongoing: Institute of Work, Health, & Organisations, University of Nottingham
M.Sc. Clinical /Applied Neuropsychology/Rehabilitation Psychology; D.Clin.Psy.
- 2003 School of Psychology, University of Nottingham
Undergraduate Tutor in Cognitive Psychology
- 2001- 2003 Dept. of Psychology, University of Zambia

Lecturer in Psychology

Courses taught: B.A. (Psychology); M.B., B.Ch. (Health Psychology); M.A. Counselling

CLINICAL EXPERIENCE

2006 – to date Nottingham University Hospitals NHS Trust, Nottingham

Consultant Psychologist (HIV & Sexual Health)

2005 – 2006 Queens Medical Centre, University Hospital NHS Trust, Nottingham

Specialist Psychologist (HIV & Sexual Health)

2004 – 2005 Queens Medical Centre, University Hospital NHS Trust, Nottingham

Locum Psychologist

SERVICE DEVELOPMENT EXPERIENCE

2007 – ongoing: ***Working Party member***. British Psychological Society Guidelines for Working Therapeutically with Sexual Minority Clients

2006 – ongoing: ***Board member***. Nottingham Sexual Health Implementation Strategy Committee

ADMINISTRATIVE, MANAGERIAL, & EDITORIAL EXPERIENCE

2007 – ongoing: ***Editor***, Psychology of Sexualities Review (formerly, Lesbian and Gay Psychology Review)

2006 – ongoing: ***International Officer***, BPS Psychology of Sexualities Section

2006 – 2008: ***Clinical Trial Manager*** (ReMIND Study)
Institute of Work, Health & Organisations, University of Nottingham

2006 – 2007: ***Acting Course Director (MSc Applied Neuropsychology)***,
Institute of Work, Health & Organisations, University of Nottingham

RESEARCH GRANTS

das Nair, R. (2008). The Delivery and Performance Nottingham City PCT - Local Operational Plan (non-recurrent-sexual health). £9690 (1 year)

das Nair, R. and Lincoln, N. (2007). Research Grant. REMEDI. £30, 000 (2 years)

Glazebrook, C., Menon, A., **das Nair, R.** et al. (2007). Development Partnerships in Higher Education (DelpHE) grant. Department for International Development (DfID), UK. £28, 500 (1 year)

Lincoln, N., Walker, M., **das Nair, R.** (2007). Allied Health Professionals Research Bursary. The Stroke Association, UK. £30, 000 (3 years).

PROFESSIONAL MEMBERSHIP

- British Psychological Society (Chartered Psychologist, with practicing certificate)
- Indian Association of Clinical Psychologists (Professional Member)
- The Society for Research in Rehabilitation (Full Member)
- HIV and Sexual Health Faculty of the British Psychological Society
- Psychology of Sexualities Section of the British Psychological Society
- International Network of Lesbian, Gay, and Bisexual issues and Transgender concerns in Psychology
- Zambia Counselling Council (Professional Member)

DOCTORAL THESES SUPERVISED

Campbell, A. Assessment of Executive Function in HIV using the Behavioural Assessment of the Dysexecutive Syndrome: A Pilot Study. (Primary supervisor; co-supervised with Dr Jill Balmont). Awarded DClinPsy by the University of Nottingham.

Smith, A. An Interpretative Phenomenological Approach to Post-traumatic Growth in Adults Bereaved by Suicide. (Secondary supervisor; co-supervised with Prof Stephen Joseph). Awarded DClinPsy by the University of Nottingham.

Harris, K. Service-Users' Experiences of an Early Intervention in Psychosis Service: An Interpretative Phenomenological Analysis. (Primary supervisor). Awarded DClinPsy by the University of Nottingham.

Boyd, L. 'You get hardened to it': Psychiatric nurses experiences of working with self-injury. (Secondary supervisor; co-supervised with Dr Phyllis Ainsley). Awarded DClinPsy by the University of Lincoln.

Haselip, L. An Investigation into the Relationship Between Hyperphagia and Behaviour Problems in Children with Prader-Willi Syndrome. (Primary supervisor). Awarded DClinPsy by the University of Nottingham.

Hughes, G. Perceived obstacles for young people with Cerebral Palsy relating to their sexuality (Primary supervisor; co-supervised with Dr Louise Braham). In progress.

Khan, S. The assessment of dementia severity using non-verbal cognitive tests (Primary supervisor; co-supervised by Dr David Connolly). In progress.

PUBLICATIONS

Butler, C., **das Nair, R.** and Thomas, S., (2010). "The colour of queer", In L. Moon (Ed.) *Counselling Ideologies: Queer Challenges to Heteronormativity*. Hants: Ashgate Publishing Ltd.

Glazebrook, C., **das Nair, R.**, Menon, A., Munalula, B., Ngoma, M (2010). Barriers to Involving Adolescents in Health Care and Decisions about Treatment: Impact of a Communications Skills Workshop with Zambian Health Professionals (Abstract). *Journal of Adolescent Health*, 46(2), Supplement 1, S23.

Thomas S. and **das Nair, R.** (2010). "Psychological outcome measures", In H. Blake (Ed.) *Physical Activity in Rehabilitation and Recovery (Public Health in the 21st Century)*. NY: Nova Publishers.

das Nair, R. (in press). "Coming out, Staying in, and Stepping in and out of the Closet: Questions of Black and Minority Ethnic-Queer Identities", In J. Hero (Ed.) *Gender Query: Explorations of Identity, Expression, and Embodiment*, Newcastle Upon Tyne: Cambridge Scholars Publishing.

das Nair, R. (2009). The times they are a changin' (Editorial). *Lesbian and Gay Psychology Review*, 1, 1-2.

das Nair, R. and Lincoln, N.B. (2008). Effectiveness of memory rehabilitation following stroke. *Stroke*, 39, 516.

Lincoln, N.B. and **das Nair, R.** (2008). "Outcome measures in cognitive rehabilitation", In D.T. Stuss, G. Winocur, & I.H. Robertson (Eds.), *Cognitive Rehabilitation (2nd Ed)*. New York: Cambridge University Press.

das Nair, R. and Semylen, J. (2008). Editorial. *Lesbian and Gay Psychology Review*, 1, 1-2.

das Nair, R. and Lincoln, N.B. (2007). Cognitive rehabilitation for memory deficits following stroke. *Cochrane Database of Systematic Reviews, Issue 3*. Art. No.: CD002293. DOI: 10.1002/14651858.CD002293.pub2.

das Nair, R. et al. (2007). A comparison of the effectiveness of two types of cognitive rehabilitation strategies for memory deficits following brain damage: a single blind randomised controlled trial (Abstract). *Brain Impairment*, 8(2), 184.

das Nair, R. and Lincoln, N.B. (2006). A comparison of the effectiveness of two types of cognitive rehabilitation strategies for memory deficits following brain damage: a single blind randomised controlled trial (Abstract). *Journal of the International Neuropsychological Society*, 12 (S2), 4.

das Nair, R. and Lincoln, N.B. (2006). "Cognitive Rehabilitation for Memory Problems following Stroke: A Systematic Review" (Abstract). *Clinical Rehabilitation*, 20, 734.

das Nair, R. (2006). "Metaminorities and Mental Health: Pathways of vulnerability for Black and Minority Ethnic Queer Folk", <http://www.inter-disciplinary.net/ci/sexuality/s2/nair%20paper.pdf>

Menon, A. and **das Nair, R.** (2004). Assertiveness Training: a trainer's manual for HIV/AIDS peer education. Lusaka: University of Zambia Press.

CONFERENCE PRESENTATIONS & INVITED LECTURES

HIV, Sexual Health, & Sexuality

das Nair, R. (2009). "Sex Addiction: deconstructing the construct and exploring the role of ego-dystonicity in therapy". Invited lecture. Psychotherapy group meeting. Nottingham. February.

das Nair, R., Talbot, E. Starza-Smith, A., & Hughes, G. (2007). "Sexuality in Adolescents following Traumatic Brain Injury: A Systematic Review of Literature and Research Proposal." The International Neuropsychological Society, Federation of Spanish Societies of Neuropsychology, Spanish Neuropsychological Society, Spanish Psychiatry Society Joint Mid-Year Meeting, Bilbao, July.

das Nair, R., (2007). "Black and Minority Ethnic Men who have Sex with Men (BME MSM): examining sexual health and sexual identity." Community HIV/AIDS Prevention Strategy (CHAPS - 10) Conference, London, March.

das Nair, R., and Anderton, N. (2007). "LGBT Therapy." Community HIV/AIDS Prevention Strategy (CHAPS - 10) Conference, London, March.

Anderton, N. and **das Nair, R.**,(2006). "Audit of a Specialist Clinical Psychology Service in Nottingham", British Psychological Society – Lesbian & Gay Psychology Section Conference, London, December.

das Nair, R., (2006) "Coming out, Staying in, and Stepping in and out of the Closet: Questions of Black and Minority Ethnic-Queer Identities", British Psychological Society –

das Nair, R. (2006) "Identity: Ethnicity, Culture, & Sexual Orientation", Workshop at the LGBT Youth Matters Conference, ELOP, London, September.

das Nair, R. (2006) "Metaminorities in the homophobia-racism matrix: implications for mental health and psychological well-being", Community HIV/AIDS Prevention Strategy (CHAPS) Conference, Leeds, March.

das Nair, R. (2005) "Metaminorities and Mental Health", 2nd Global Conference in Critical Issues in Sex and Sexuality, Vienna, Nov-Dec.

Neuropsychology

das Nair, R. (2009). Neuropsychological aspects of HIV infection. Invited lecture. BPS Division of Health Psychology/Division of Neuropsychology Joint Event. London, September.

das Nair, R., Lincoln, N.B., & Vella, K. (2007). Effectiveness of memory rehabilitation following stroke: qualitative findings from patient-feedback interviews in a mixed-methods RCT. UK Stroke Forum, Harrogate, December.

das Nair, R., Lincoln, N., Kontou, E., Vella, K., & O'Brien, M. (2007). Memory rehabilitation: results from the pilot phase of the Rehabilitation of Memory Deficits in Neurological Disabilities (ReMIND) study. World Federation of Neuropsychological Rehabilitation, San Sebastian, July.

O'Brien, M., **das Nair, R.**, Lincoln, N., & Blythe, P. (2007). A comparison of the content of memory rehabilitation groups for neurological patients. The Psychological Society of Ireland conference.

das Nair, R., Lincoln, N., Kontou, E., Vella, K., & O'Brien, M. (2006). Memory rehabilitation: results from the pilot phase of the Rehabilitation of Memory Deficits in Neurological Disabilities (ReMIND) study. Poster presented at the Oliver Zangwill Centre's 10th Anniversary Conference, Cambridge, November.

das Nair, R. (2006) “The effectiveness of two types of memory rehabilitation programmes: a single-blind randomised controlled trial – preliminary findings”, INS/SVNP/GNP Meeting “From Plasticity to Rehabilitation”, Zurich, July.

das Nair, R. (2006) “Cognitive Rehabilitation in Multiple Sclerosis”, Invited lecture, Primary Care Neurology Society (P-CNS) Conference, London, May.

das Nair, R. (2006) “Memory Rehabilitation following Stroke: a systematic review of literature”, Society for Research in Rehabilitation Winter Conference, Manchester, January.