Strengthening Sexual and Reproductive Health in Emergency and Crisis Situations

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# **Refugees' right to RH**

"All migrants, refugees, asylum seekers and clisplaced persons should receive basic education and health services"

Chapter 10, ICPD Programme of Action, 1994



# How emergencies affect Reproductive Health?



- ≻ ~80% women & children
- > Responsible for all aspects of household
- > Risk of Gender-based Violence (GBV)
- > Pregnancy Complications-
  - > Road side deliveries
  - > EmONC services ???

Inadequate access to FPunwanted pregnancy and unsafe abortion

STI/HIV risks due to high population density

What happens in Reality?? Significant gaps identified by WHO and Health Partners

*"We focus on food, water and shelter and then six months later you hear about all the rapes."* 

-Field staff in Chad



UNHCR



# **The Plan Components**

- 1. Build a strong database of standardize technical knowledge and guidance materials
- 2. Knowledge gateway for sharing and promoting existing materials and tools
- 3. Capacity building for improved SRH expertise
- 4. Updated RH roster for immediate operational deployment of RH experts
- 5. Advocacy and Promotion SRH integration
- 6. Monitoring and Evaluation Strategies for the Project

#### WHO Provides Leadership and Guidance



#### **More resources**

Moving from Emergency Response to Comprehensive **Reproductive Health Programs** 

> A Modular Training Series





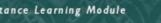


Minimum Initial Service Package (MISP) for Reproductive Health in Crisis Situations: 

DRAFT FOR FIELD TEST

Produced by CARE on behalf of the **Reproductive Health f Refugees Consortiu** 





Emergency Contraception

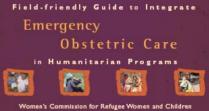
for Conflict-Affected Settings





A Reproductive Health Response in Conflict Consortium Distance Learning Module





on behalf of the Reproductive Health Response in Conflict Consortium **July 2005** 

#### www.rhrc.org

# What is the MISP?

- **Minimum** Basic, limited RH care
- Initial For use in emergency, without needs assessment
- **Service** Health Care Services to be delivered to the population
- Package
- Supplies (RH kit) & activities
- Coordination & planning



Minimum Initial Service Package (MISP) for Reproductive Health in Crisis Situations

# **Objectives of MISP**

- Ensure coordinated response
- Prevent and manage GBV
- Reduce HIV transmission
- Safe motherhood
- Plan comprehensive RH services

### **IAWG Field Manual**



#### Reproductive Health in refugee situations



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an Inter-agency Field Manual

× 5.5

#### **Comprehensive RH**





**Family Planning** 

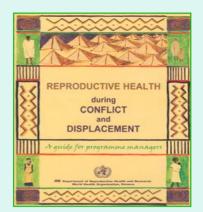


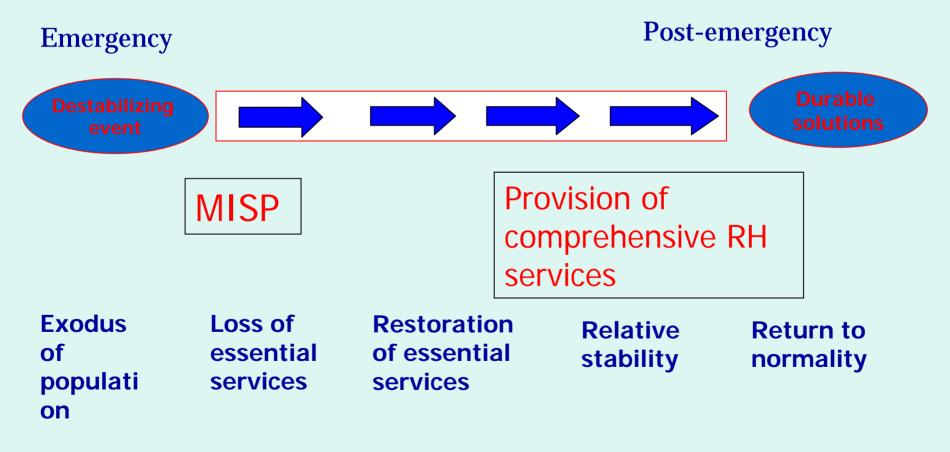


**Gender-based Violence** 



**Guide for programme managers Tool defining how to develop practical RH approaches in each phase of an emergency** 





#### **RH Supplies for Emergency Situations** IEHK (NEHK98), IA-RH Kits



#### RH Kit for Emergency Situations (3 months)

6 📈 10 000 🔥

Sub kits

- 0 Training, administration
- 1 Condoms
- 2 Clean delivery2A mother2B birth attendant
- 3 Rape treatment
  3A basic treatment
  3B ARVs, (30 adults,
  8 children)
- 4 OP and injectable contraceptives
- 5 STI treatment

- 6 Clinical delivery assistance
- 7 IUD insertion
- 8 Management of abortion complications
- 9 Vaginal examination, suture of tears
- 10 Vacuum extraction delivery

- 2 📈, 150 000 Å
  - 11 Referral level interventions
    11A reusable equipment
    11B consumable items, drugs
    12 blood
    transfusion

#### Population data on which the RH Kit is based

•	Adult males		20%
•	Women of rep	roductive age (WRA)	25%
•	Crude birth rat	te (CBR)	4%
•	Pregnancies w	ith abortion complications	20%
•	Deliveries with	n vaginal tears	20%
•	Deliveries requ	uiring caesarean section	5%
•	WRA who are	raped	2%
•	WRA using co	ntraception	15%
	– oral	30%	
	– injectable	65%	
	– IUD	5%	

#### MISP sub-kits -Block 1

Block 1: Con	mmunity and PHC level
Kit 0	Training and administration
Kit 1	Condom
Kit 2	Clean home delivery
Kit 3	Post rape
Kit 4	Oral and injectable Contraception
Kit 5	STI

#### **MISP sub-kits -Block 2**

Block 2: PE	IC and referral hospital level
Kit 6	Delivery (health facility)
Kit 7	IUD
Kit 8	Management abortion complications
Kit 9	Suture of tears (cervical/vaginal
Kit 10	Vacuum extraction for delivery

#### **MISP sub-kits - Block 3**

Block 3: Referral hospital level				
<b>Kit 11</b>	<b>Referral level for RH (surgical obstetrics)</b>			
<b>Kit 12</b>	Blood transfusion			

#### **IEHK**

- Supplies for 10,000 people for 3 months
- Includes some RH Supplies
  - Basic midwifery equipment
  - Magnesium sulphate
  - Oxytocin
  - Post-rape: EC, presumptive STI Rx, PEP
- Recommends and outlines RH Kits

# Why are refugees at risk of an unwanted pregnancy?

- May not want to have a baby during a crisis
- Disruption in contraceptive and other health services
- Lack of security
- High risk of sexual violence

1 in 20 of these acts will result in an unwanted pregnancy that may lead to an unsafe abortion

# Essential components of medical care for Rape Survivors

Clinical Management of Rape Survivors

Developing protocols for use with refugees and internally displaced persons

**Revised** edition

Documentation of injuries **Collection of forensic** evidence Treatment of injuries Evaluation of STIs and preventive care  $\geq$  Evaluation of risk of pregnancy and prevention >Psychosocial support

# **Increased HIV risk in refugees**

#### • Sexual transmission

- Breakdown of social fabric
- Exchange of sex for basic needs
- Sexual violence

#### Blood transmission

- Repeat use of medical devices
- Unscreened blood products
- Injected drugs

### **RH and related Partnerships**

- Inter-Agency Standing Committee IASC (1992)
   ✓ Guidelines for HIV/AIDS in Emergencies
   ✓ Guidelines for GBV in Emergencies
- Inter-Agency Working Group for RH in Emergencies – (IWAG- 1995)
- Reproductive Health Response in Conflict Consortium (RHRC)
  - **√**7 members
  - ✓Technical advice, service provision
  - ✓ Resources and training (MISP self-training CD)

#### **IAWG Academic Partnership - Training**

**Use existing resources** 

- Develop Modular training programme for different levels of coordinators/providers
- Develop capacity within countries and established organizations working in country
- Develop regional capacity to train and initiate rapid response and mobilization of trained personal

# **Recommendations**

- Increase MISP awareness
- Identify RH coordination
- Integrate into PHC
- Address GBV immediately
- Address HIV transmission
- Ensure safe delivery
- Plan for comprehensive RH



# **RH Conclusion**

- RH concerns everyone
- RH needs to be coordinated
- RH is not a luxury or second phase option
- Systems and frameworks are in place to facilitate services



