# The role of photomedicine in gynecological oncology

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#### photomedicine

- Introduction
- Mechanism
- Application of PDD in gynecological neoplasms
- Application of PDT in gynecological neoplasms

#### **Introduction/Mechanism**



P<u>hotodynamic therapy</u>



### Penetration depth of light in tissue in relation to the wavelength



Wavelength [nm]

Photosensitizer

PPIX-precursors (ALA and h-ALA) 5-aminolaevulinic acid (ALA) (endogenous substance) protoporphyrin IX (PpIX) (endogenous photosensitizer).

#### Photosensitizer

tumor selectivity deeper tissue destruction fast serum clearance 24-48 hours cosmetic effect photodection h-ALA (ALA-hexylester hydrochloride) faster PpIX formation 25-fold increase in PPIX fluorescence levels more pronounced photodamage



#### Pneumology





Urology

PDD

#### **Early Tumor Detection**

### PDT



Henta et.al . British Journal of Dermatology 1999 141(2) 347

#### PHOTOMEDICINE

### GYNECOLOGICAL ONCOLOGY

### PDD in gynecological neoplasms

- endometrial cancer
- intraperitoneal metastasis of ovarian cancer

#### PDD in CIN

early detection
noninvasive staging of CIN

#### Fluorescence image of the cervix after h-ALA application

#### White light



Fluorescence



Fluorescence image and white light image of the cervix uteri after the application of 3% acetic acid. Application of 10mg h-ALA in 10ml 0.9% NaCl solution on the cervix during 3 hrs.

### PDD in CIN

Fluorescence ratio CIN-I: normal 1.3 CIN-II:normal 1.21 CIN-III: normal 2.35 Porphyrins accumulated in CIN II/III lesions grown into cervical glands HPV DNA positive lesions showed significantly higher fluorescence.

#### PDD in CIN

specificity :

 fluorescence spectroscopy 75%
 colposcopy 50%

 sensitivity :95%
 Double ratio (DR) fluorescence imaging technique

#### PDD in ovarian cancer

 improves visualization and guides treatment of small cancerous nodules (0.3 mm)

#### PDD in ovarian cancer



In vivo fluorescence and light images of peritoneal tumor nodules. Fluorescence was excited using an endoscope (with D-light) after ip administration of ALA in an ovarian cancer rat (Fischer 344) model.

#### PDD in endometrial cancer

- Malignant endometrial epithelial cells showed significant higher fluorescence of PpIX than normal epithelial cells after incubation with 1 mg ALA
- The well-differentiated cancer cells produced significantly more PpIX than the poorly differentiated cancer cells.

### PDT in gynecological neoplasms

Cervical neoplasms
Vulvar and vaginal neoplasms
Ovarian cancer
Endometrial cancer

#### PDT in cervical neoplasms

- Eliminate intraepithelial lesions without causing profuse bleeding, vaginal discharge, or a change in the location of the squamocolummnar junction.
- Spare young women from conization
- Large or multifocal lesions or those lesions that extend into the endocervical canal could be targeted through selective drug uptake while sparing adjacent normal cervical tissue

### PDT in CIN

Pretreatment diagnosis Outcome (3 months after PDT)

| Group   | 1  | I/II | Normal | No<br>change | Apparent<br>progression |
|---------|----|------|--------|--------------|-------------------------|
| Placebo | 12 | 1    | 4(31%) | 5(38%)       | 4(31%)                  |
| PDT     | 10 | 2    | 4(33%) | 5(42%)       | 3(25%)                  |

### PDT in CIN

CIN III

## Success rate was 31% (10/32) 12 months after treatment

#### PDT in vulvar neoplasms



#### PDT in vular neoplasms

- as effective as conventional treatments (laser evaporation and excision) for condyloma and VIN
- shorter healing time (2 weeks)
- less pain
- excellent cosmetic results
- Lower grades (VIN I) vs high grades (VIN II-III)
- monofocal and bifocal vs multifocal
- pigmented and hyperkeratotic lesions respond poorly

#### PDT in ovarian cancer

- Diffuse intra-abdominal metastases have been successfully treated with PDT in a mouse model. Minimally invasive debulking of nonresectable pelvic tumors was effective in a rat ovarian cancer model
- Wierrani et al. m-THPC mediated PDT for two recurrent ovarian caner patients and one patient following surgical tumor debulking. After more than 2 years all three patients remained free of relapses

#### PDT in ovarian cancer

 "conjugated phototherapy" photoimmunotherapy photochemotherapy

#### PDT in endometrial cancer

Koren 1996

|        | Month after treatment |    |  |
|--------|-----------------------|----|--|
|        | 1                     | 12 |  |
| CR     | 6                     | 1  |  |
| CR-REC | -                     | 5  |  |
| NR     | 3                     | -  |  |
| total  | 9                     | 6  |  |

7 endometrial carcinomas stage Ia

2 with recurrent endomerial carcinoma at vagina

#### Discussion

- a promising tool for early detection of superficial gynecological neoplasm
- early detection and noninvasive staging of CIN
- detecting intraperitoneal macroscopically invisible ovarian cancer nodules

#### Discussion

- a better choice for VIN than conventional treatment
- CIN ?
- Ovarian cancer?
- Endometrial cancer?
- Conjugated photosensitzers

#### Discussion

#### Further well designed, large sample size clinical trials are needed!!!

