CERVICAL CARCINOMA The Role of the Human Papilloma Virus and Prospects for Primary Prevention

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MAGNITUDE OF THE PROBLEM

- carcinoma (ca) of the cervix is the 2nd commonest female cancer in the world
- it is the commonest cancer in developing countries
- 500,000 new cases annually
- 75-80% in developing countries
- about 300,000 deaths annually
 - 80% are from developing countries.
- screening in developed countries has reduced cervical cancer death by 70%

OBJECTIVES

Literature review
on aetiology of ca cervix.
available methods for low resource settings
Identify possible preventive measures to reduce the risk of ca cervix

METHODOLOGY

ELECTRONIC SEARCH
Pubmed
Medline
Cochrane library
WHO and collaborative institutions -PATH
unpublished literature

AETIOLOGY OF CA CERVIX

RISK FACTORS

- early onset of sexual intercourse
- multiple sexual partners
- male partner's behaviour + ca penis
- history of ca cervix in close relatives
- cigarette smoking
- combined oral contraceptive pill
- reduced immunity

AETIOLOGY OF CERVICAL CARCINOMA

- Risk factors point to an infectious process
- In the 1970s and early '80s ?CMV and Herpes Simplex type 2
- Positive association between HPV and ca cervix - HPV 16 identified in 1983
- About 99.7% of Ca cervix associated with HPV infection
- Main oncogenic strains are: types 16 and 18
- Other types: 31, 33, 51, 53, 35 etc.



- Small double-stranded DNA virus with protein capsid.
- About 120 types of HPV described.
- Circular viral genome divided into 3 regions.
 - Upstream Regulatory Region
 - Early Region E1, E2, E3, E4, E5, E6, E7
 - Late Region L1, L2

E6 & E7 responsible for oncogenic properties of HPV

MODE of TRANSMISSION

- Sexually transmitted (~75% sexually active women infected).
- Genital tract micro-trauma enhance viral entry into host cells.
- Virus may live transiently in cervix or may persist according to host factors.
- Persistent infection → cervical changes
 - E6 & E7 proteins block natural control of growth of cervical cells.
 - Integration of viral genome → host cell DNA

CERVICAL CHANGES

- Mutation may occur in the cervical cell
 - \rightarrow pre-cancer \rightarrow cancer.
- Precancerous changes identifiable through exfoliative cytology
- Papanicolaou and Straut (1943) = Initiation of pap smear test
- Screening with the pap smear has been used in developed countries for 50 years.
- Low resource countries cannot afford Pap smear but carry most of disease burden.

PAP SMEAR

- Cervical specimen taken with spatula / brush and smeared on glass slide for examination.
- Sensitivity 51%
- Specificity 98%
- High false negative rate
- Liquid-based thin prep available now → better results
- Computerised system now available
- To improve on cervical precancer detection
 HPV DNA tests (PCR / Hybrid Capture II)

- Pap smear very expensive for low income countries
- Highly qualified personnel needed for reading of slides and managing problems with colposcopy etc
- Effective infrastructure required
- Need for technique that is easily applied, affordable, accessible, and user friendly

- VISUAL INSPECTION WITH ACETIC ACID (VIA).
- New method under investigation.
- Sensitivity and specificity : 76% / 64%
- Simplicity of use enables wide clinical application
- Treatment for low grade lesions can be done at same visit (cryotherapy)
- Higher grade lesions or cancer referred to hospital

- OTHER SCREENING METHODS
- visual inspection with magnification (VIAM)
- Cervicography
- fluorescent spectroscopy
- infra-red spectroscopy
- polar probe

VACCINATION

- Very attractive idea (compare hepatitis B and ca liver)
- Viral capsid proteins useful highly immunogenic hence prospects for vaccine.
- 1991 virus-like particles developed with L1
- Immunity is type-specific hence may be difficult to develop poly-valent vaccine to prevent all oncogenic types of HPV.
- About 20 different vaccines currently under development
- WHO trials

CONCLUSION

HPV causes ca cervix
Screening with pap smear expensive
HPV DNA testing also expensive
Hope for developing countries = VIA
VIA shown to be cost effective.
Practising of safe sexual behaviour

THANK YOU

Geneva Foundation For Medical **Education And Research** ■ WHO UNDP/UNFPA/World Bank Dept of Health, Canton of Geneva Geneva University Geneva Medical Association IAMANEH